
NEWSLETTER

ALL SAINTS, SCRAPTOFT & NETHERHALL - July & August 2019

WHAT CAN WE DO THIS SUMMER?

Those who have the care of children will, no doubt, hear these wonderful words in the coming summer holidays, at some point: 'I'm bored, I don't know what to do?'

We have so many gadgets these days - phones, tablets, X Boxes, Playstations, Netflix and other streaming services, Cable TV and all the rest - that we probably get so used to everything being 'on tap' that maybe we've lost the ability to go and discover something for ourselves. We can sit in our homes and the world comes to us - what else do we need to do?

Well I, for one, as the years have gone by, have become more and more an advocate of getting out and seeing what is around me. Yes, I am a very keen birdwatcher, but this has also led me to notice all sorts of other things I just took for granted and didn't really notice properly before: butterflies and moths, other insects and bugs, trees and the other flora and fauna that are around us all the time.

And getting out in nature hasn't just been about amassing a huge bird list or anything like that, it's been good for my health, both mentally and physically. And it's helped me to appreciate just how incredible God's creation of this world truly is. Just as everything else that God has created, it's so easy to take it all for granted and not really SEE things. I've recently read a book called **Bird Therapy**, written by someone who had real problems with his mental health and who has found birding and getting out in the natural world to be the most effective therapy for helping to deal with his problems. I'd wholeheartedly agree.

God has provided the most wonderful world with a million and one experiences to be had, if only we can tear ourselves away from the gadgets and look around. So my advice this summer would be: get out there and breathe! There are all sorts of nature and conservation events going on over the next three months, including the world's largest wildlife event on our doorsteps - the **Birdfair** at Rutland Water in August - a fantastic event taking place over three days, with wildlife goodies and experiences for everyone (and children under 18 go free!)

This summer, get out there if you can and appreciate what an incredible world God has given us, and if you can't get out, I hope the view from your window can be just as magical.

With every blessing



Calendar - July

- 3rd 7.30pm Eucharist
- 6th 1.00pm Summer Fete
- 7th **TRINITY 3**
10.00am Sung Eucharist
6.00pm Taizé Service
- 10th 7.30pm NO Eucharist
7.30pm Deanery Synod
- 14th **TRINITY 4**
10.00am Sung Eucharist
- 17th 7.30pm Eucharist
- 20th 10.00am Coffee Stop
- 21st **TRINITY 5**
10.00am Sung Eucharist
- 24th 7.30pm Eucharist
- 27th 10.00am Flower Group
- 28th **TRINITY 6**
10.00am Sung Eucharist
- 31st NO Eucharist



Calendar - August

- 3rd 10.00am Coffee Morning
- 4th **TRINITY 7**
10.00am Sung Eucharist
- 7th 7.30pm NO Eucharist
- 10th 10.30am Messy Church
- 11th **TRINITY 8**
10.00am Sung Eucharist
- 14th **Maximilian Kolbe**
7.30pm Eucharist
- 17th 10.00am Coffee Stop
- 18th **TRINITY 9**
10.00am Sung Eucharist
- 21st 7.30pm Eucharist
- 24th 10.00am Flower Group
- 25th **TRINITY 10**
10.00am Sung Eucharist
- 27th 7.00pm PCC Meeting
- 28th **St Augustine**
7.30pm NO Eucharist
- 29th **Beheading of John the Baptist**
7.00pm Sung Eucharist & Confirmation
Bishop Norman



Saturday 10th August

A great way for young and old alike to explore our relationship with God.

All are welcome.

10.30am to 12.30pm